



Glossary

ARABIC (TRANSLITERATION)	ENGLISH (TRANSLATION)
<i>Adhkar (pl. of dhikr)</i>	Remembrance of Allah
<i>‘Adad</i>	Number of days of habit
<i>Basmalah</i>	To recite in the name of Allah
<i>Bulugh</i>	Puberty
<i>Baligh</i>	Legally mature
<i>Dam</i>	Blood
<i>Dam Sahih</i>	Valid blood
<i>Dam Fasid</i>	Invalid blood
<i>Fard</i>	Obligatory
<i>Fatwa (pl. fatawa)</i>	Islamic legal verdict
<i>Fitrah</i>	Natural disposition
<i>Ghusl</i>	Obligatory bath or ritual bath (full body purification)
<i>Hajj</i>	Pilgrimage to the sacred house of Allah in the month of <i>Dhul Hijjah</i>
<i>Hayd</i>	Menstruation, valid blood, periods



<i>Hadiths</i>	Sayings of the Prophet (may Allah bless him and give him peace)
<i>Hijab</i>	Covering
<i>Ihram</i>	State of pilgrim sanctity
<i>Istinja'</i>	Cleaning of the private parts after passing urine/stool
<i>Istighfar</i>	Seeking forgiveness from Allah
<i>Istihada</i>	Irregular bleeding, invalid blood
<i>Iyas</i>	Menopause
<i>Janabah</i>	Ritual impurity, due to wet dreams/intercourse, etc.
<i>Janazah</i>	Funeral prayer
<i>Khilal</i>	To pass wet hands through the beard and fingers and toes
<i>Kursuf</i>	A piece of cotton placed at the vaginal opening
<i>Masjid</i>	Mosque
<i>Masah</i>	To wipe/to pass wet hands through head, ears and nape
<i>Makruh</i>	Disliked
<i>Mustahabb</i>	Desirable/recommended
<i>Mubtadi'a</i>	Beginner
<i>Mu'tada</i>	A woman with a habit



<i>Mudilla</i>	A woman without a habit, a perplexed woman
<i>Nafl</i>	Optional
<i>Najasah</i>	Impurity
<i>Nifas</i>	Post-natal bleeding
<i>Nisab</i>	Threshold
<i>Qur'an</i>	The holy book of Allah
<i>Qada</i>	Missed obligatory prayers
<i>Salat</i>	Ritual prayer
<i>Sunnah</i>	The practices of the Prophet (may Allah bless him and give him peace)
<i>Tawaf</i>	Circumambulation round the <i>Ka'bah</i>
<i>Tawaf al-Ssadr/Tawaf al-Wida</i>	Farewell <i>tawaf</i>
<i>Tawaf al-Ziyarah/Tawaaf al-Ifadah</i>	The obligatory tawaf after <i>Hajj</i>
<i>Tasbeeh</i>	Glorification of Allah
<i>Tayammum</i>	Dry ablution
<i>Tuhr</i>	Purity
<i>Tuhr sahih</i>	Valid purity
<i>Tuhr fasid</i>	Invalid purity



WHITE THREAD

Menstrual Matters

<i>Tuhr tam</i>	Complete purity
<i>Tuhr naqis</i>	Incomplete purity
<i>'Umrah</i>	Pilgrimage to the sacred house
<i>Wajib</i>	Compulsory
<i>Wudu</i>	Ablution
<i>Zaman</i>	Place of habit