

UNIVERSAL MAXIMS

الاصول والقواعد الكلية

The Maxims are a set of principles to determine which category a bleeding falls under, i.e. is it Menstruation, Post-natal or Illness?

Age of Menstruation

If a girl ***under*** the age of ***9 lunar years***
(8 solar years and 8 months and 3 weeks)
experiences bleeding it will not be Menstruation

A woman beyond the age of ***55 lunar years***
(53 solar years and 4 months)
cannot have Menstruation
unless the bleeding is pure red or black in colour
and continues for 72 hours or more

Minimum & Maximum in Haydh

Menstruation

Minimum



3 days & 3 nights
72 hours

Maximum



10 days & 10 nights
240 hours

Purity

Minimum



15 days
Between 2 cycles

Maximum



NO MAXIMUM

Bleeding of under 72 hours & over 240 hours will not be Menstruation
Between two bleedings there has to be Purity of at least 15 days

One day means a complete 24 hours

Tue W TH Fri ST S M T W TH Fri
8pm 8pm 8pm

72 Hours / 3 full days

240 Hours / 10 full days

Bleeding begins on Tuesday at 8pm.

One day will be completed at 8pm on Wednesday.

Three full days will be completed on the first Friday at 8pm.

Ten full days will be completed on the next Friday .

Haydh

Minimum

Haydh Minimum:

- 72 hours (3 days and nights)

Example:



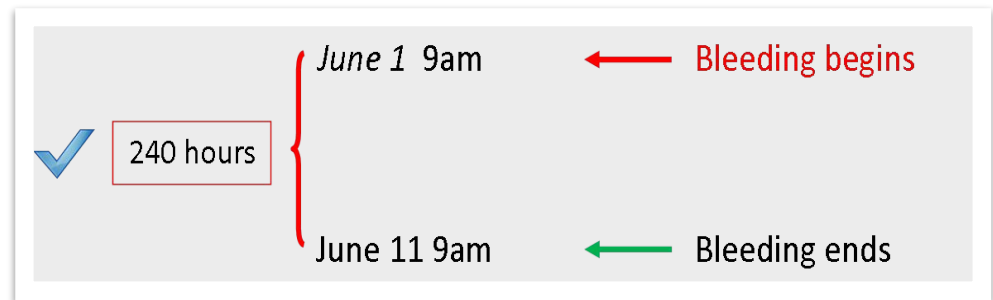
Haydh

Maximum

Haydh Maximum:

- 240 hours (10 days and nights)

Example:



Nifās

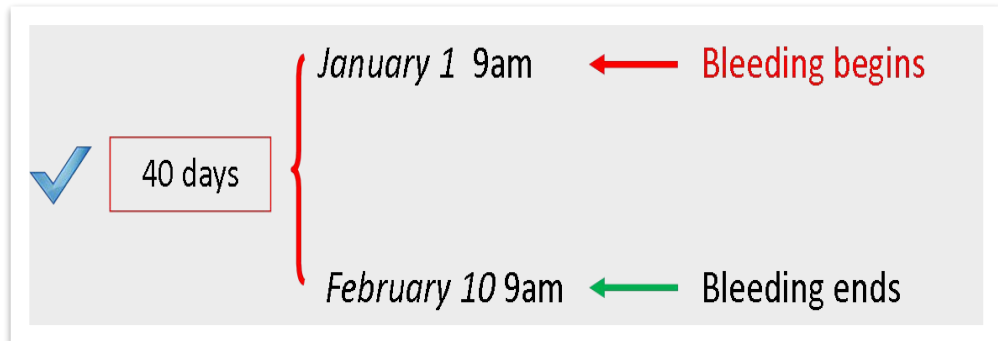
Minimum

Maximum

Minimum & Maximum in Nifās

- No minimum
- Maximum 40 days and nights

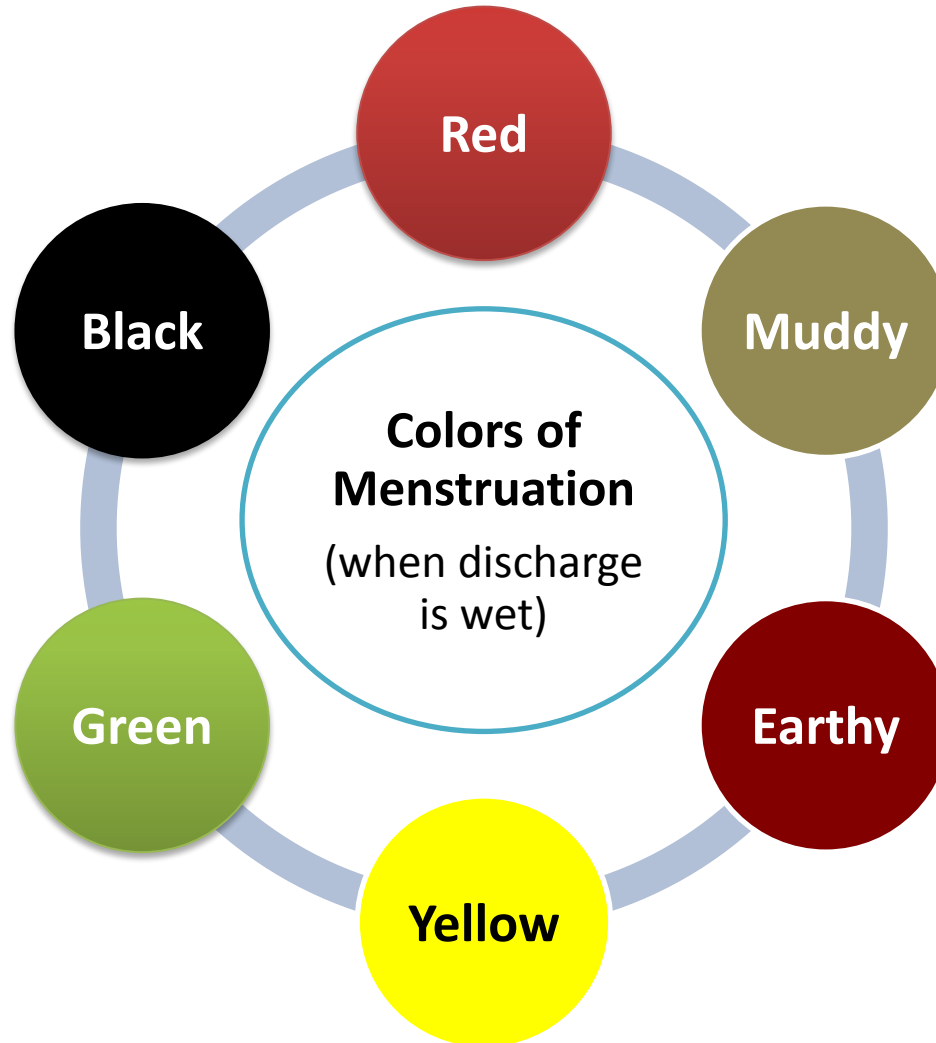
Example:



Nifās

- Maximum Duration = 40 Days
- No Minimum Duration (Can be a day or a few days or none)
 - Bleeding exceeding 40 days will not be Nifaas
- After 40 days of bleeding Ghusl must be performed & Salaah commenced
 - If bleeding stops within 40 days, Ghusl must be performed and Salaah commenced and if bleeding reoccurs within 40 days, Salaah stopped
 - A habit is formed in Nifaas of the number of days of bleeding
- Haydh and Nifaas cannot be successive. A purity is necessary between them
- Nifaas has to be followed by a minimum 15 day purity before any bleeding can be considered menstruation
 - A minimum Purity between 2 durations of Nifaas is 6 months

Colors



Bleeding Within 10 days

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

***Continuous bleeding is not necessary**

***Bleeding can occur for a while and stop and reoccur**

***As long as it is within 10 days, it will be Haydh**

عادة - Habit in Menstruation & Purity

A habit is the usual number of days a woman's Haydh lasts.

Example: a woman usually has a 7 day Haydh so this is her *habit for haydh*.

Most women have a regular fixed habit however some women do not. If a woman does not have a fixed habit then her habit will be the number of days of Haydh of the previous month.

A habit is also formed in the number of the days of purity in between two bleedings of Haydh.

Example: if a woman had bleeding for 7 days and this was followed by a complete purity of 18 days then her habit for Haydh will be 7 days and *her habit for purity* will be 18 days.

KEEP A RECORD!!!

Separating Purity

Minimum

Maximum

Separating Purity between Nifās and Haydh or between 2 Haydh:

- Minimum 15 days and nights

JANUARY 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Menstruation is 9 days followed by a 15 day purity before any bleeding can be considered menstruation

- No maximum *unless there is a need

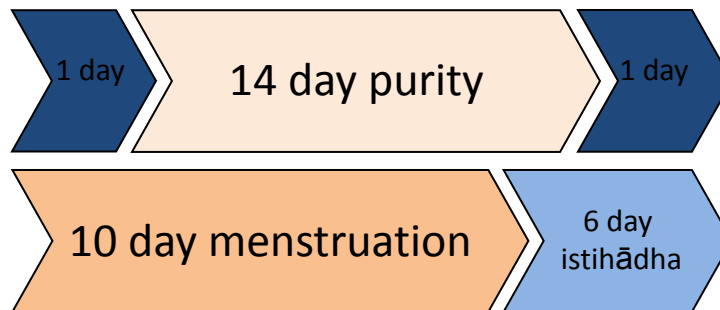
Incomplete Purity is not a separator

Imam Abu Yusuf

- An incomplete purity (less than 15 days) is like continuous bleeding and will not be a separator between 2 bloods

Example 1:

If a beginner saw 1 day of bleeding, 14 days of purity, and 1 day of bleeding, it will be like continuous bleeding for 16 days. The first 10 days will be menstruation and the rest, Istihaadhah



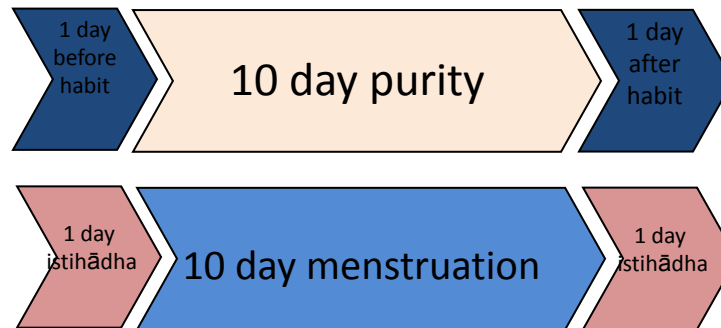
Incomplete Purity

Imam Abu Yusuf

Example 2:

If a woman with a habit saw 1 day of bleeding before her habit of 10 days menstruation, and 10 days of purity, and 1 day of bleeding, it will be 12 days of continuous bleeding which exceeds the maximum

The 10 days of purity which fall in her days of habit are menstruation



Menstruation can begin and end in purity, as long as there is blood on both ends (Imam Abu Yusuf)

Haydh & Nifās

Ruling

Haydh and Nifās cannot be successive.

A separating purity is necessary between them.

Example:

DECEMBER 2013						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

*Nifās 40 days,
followed by a
minimum 15 day
purity before any
bleeding can be
considered
menstruation*

JANUARY 2014						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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Menopause



Definitions



Medical

- ❶ Defined as the time when there has been no menstrual periods for 12 consecutive months
- ❷ No other biological or physiological cause can be identified.

Shari'ah

- ❶ Menopause is when menstruation has ended.
- ❷ A woman is considered menopausal when she reaches 55 yrs of age.
- ❸ If she sees blood after the age of 55 it will not be considered haydh unless it is pure red or black in colour and it reaches the minimum